

The National Alliance on Mental Illness (NAMI) and the Town of Acton's Commission on Disabilities have paired up to bring you

In Our Own Voice

Come join us for an evening to hear two speakers share their personal experiences with mental health challenges and how they found pathways to hope and healing

- ❖ The presenters demonstrate that it's possible—and common—to live well with mental illness
- ❖ A question and answer period will help dispel stereotypes and misconceptions
- ❖ An Information table will have brochures by organizations serving those with mental illness and their families and friends
- ❖ Refreshments will be served

When: Monday, May 8, 2017, 6:30 p.m.-8:00 p.m.

Where: Acton Memorial Library, 486 Main Street

RSVP to Leslie Johnson, 978-618-1812, lesliejj961@verizon.net

Visit our Facebook event page, _____ for this event

This **FREE** event is sponsored by the Town of Acton's Commission on Disabilities, whose mission is to help Acton be inclusive and accessible to residents with all types of disabilities