

SUICIDE PREVENTION TRAINING

FREE AND OPEN TO THE PUBLIC

Sponsored by



AB Cares

Question, Persuade, Refer (QPR)

teaches three simple steps anyone can learn to help save a life.

Spring 2019 Trainings:

March 25, 2019 7:00-8:30pm - Acton Public Safety Building

April 25, 2019 6:30-8:30pm - Acton Human Services Facility & Senior Center

May 30, 2019 10:00am-12:00pm - Location TBD

You never know when you may be called upon to help. Please join us in saying YES to saving the life of a friend, colleague, child, sibling, or neighbor.